



Joint Authority Support for Children, Families and Schools

Visits to Children’s Hearing Centre at St Michael’s Hospital, Bristol with Coronavirus restrictions.

Dear Parent/Carer,

Your visit is very important to the audiologists and they want to keep you safe so things are a bit different at the moment.

We want to let you know what to expect when you visit.

People will look different when wearing their protective equipment.

The waiting room will look different with no toys or books and very few chairs!

We have made a little story book to share with your child to help them understand what to expect. It is about two teddy bears who are visiting Bristol’s Children’s Hearing Centre. You can find the booklet attached to this email or on our website: www.sensorysupportservice.org.uk

Please share this story with your child before you come. You can use the text provided or make up your own words using the version with no text. You know best what they will understand.



Some other ideas to try at home before your visit

- Let your child try on a mask and play with it at home. Put it on your face and then reveal your mouth again. Make it fun!
- Reveal your smiling face from behind a mask. “I’m still smiling!”
- Play games where they have to guess if you are smiling by looking at your eyes. “Spot the smile”
- Play games where they try and guess your emotion by looking at your eyes – happy, sad, surprised, tired etc
- Talk to your child through the mask. It may sound different but it might help to have experienced this before the visit.



Introducing face masks in a fun way at home in a safe, familiar environment will help reduce anxiety. It will help children feel at ease when they see people wearing facemasks when they are out and about.

If you have any further concerns please contact your Teacher of the Deaf.

